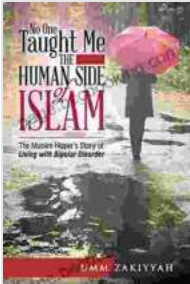


The Muslim Hippie Story Of Living With Bipolar Disorder



No One Taught Me the Human Side of Islam: The Muslim Hippie's Story of Living with Bipolar Disorder

by Umm Zakiyyah

★★★★☆ 4.6 out of 5

Language : English
File size : 339 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 123 pages
Lending : Enabled



In this powerful and deeply personal memoir, a Muslim woman living with bipolar disorder shares her journey of struggle, resilience, and finding hope amidst the challenges of mental illness.

From her childhood in a conservative Muslim family to her struggles with mental illness and homelessness, the author paints a vivid and unflinching portrait of the challenges faced by those living with bipolar disorder. She also shares her insights into the cultural and religious barriers that can make it difficult for Muslims to seek help for mental health issues.

The Muslim Hippie Story Of Living With Bipolar DisFree Download is a story of hope and resilience. It is a testament to the power of the human spirit and the importance of seeking help when you need it. It is also a call to action for greater awareness and understanding of mental illness, both within the Muslim community and beyond.

About the Author

The author of The Muslim Hippie Story Of Living With Bipolar DisFree Download is a Muslim woman who has lived with bipolar disFree Download for over 20 years. She is a writer, speaker, and advocate for mental health awareness. She lives in the United States with her husband and two children.

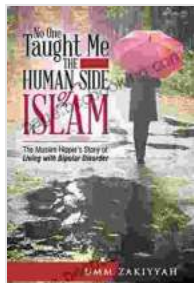
Reviews

"This is a powerful and moving memoir that sheds light on the challenges faced by those living with bipolar disFree Download. The author's honesty and courage are inspiring, and her story is a testament to the power of hope and resilience." - *Sarah Van Buskirk*, author of *It's Okay to Cry: A Memoir of Depression and Recovery*

"The Muslim Hippie Story Of Living With Bipolar DisFree Download is a must-read for anyone who wants to understand the challenges faced by Muslims with mental illness. The author's insights are invaluable, and her story is both heartbreaking and hopeful." - *Mona Eltahawy*, author of *Headscarves and Hymens: Why the Middle East Needs a Sexual Revolution*

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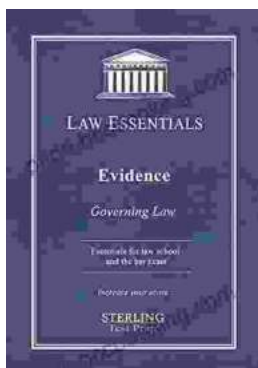


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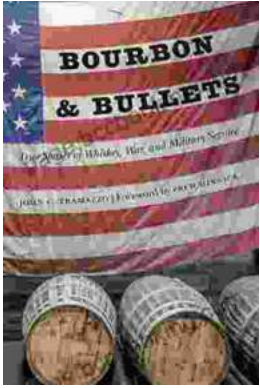
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