

From Heartbreak to Healing: A Mother and Daughter's Journey Through Autism

In 2003, my daughter, Emily, was diagnosed with autism. I was devastated. I had never heard of autism before, and I had no idea what it meant for my daughter's future. I felt lost and alone.



I Am Intelligent: From Heartbreak to Healing--A Mother and Daughter's Journey through Autism by Peyton Goddard

★★★★☆ 4.9 out of 5

Language : English
File size : 648 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 293 pages
Lending : Enabled



But I was determined to find a way to help my daughter. I started by educating myself about autism. I read books, attended workshops, and talked to other parents of children with autism. I learned that autism is a complex disorder that affects each child differently. I also learned that there is hope for children with autism. With early intervention and support, they can learn to live full and happy lives.

I started by working with Emily on her communication skills. She had difficulty speaking, so I taught her how to use sign language and picture

cards. I also worked on her social skills. She had difficulty interacting with other children, so I taught her how to take turns, share, and follow directions.

Emily made slow but steady progress. She began to speak more clearly, and she started to interact with other children. I was so proud of her, and I knew that I was on the right track.

As Emily grew older, she faced new challenges. She had difficulty in school, and she was often bullied by other children. But she never gave up. She worked hard, and she never let the challenges she faced get her down.

Today, Emily is a happy and successful young woman. She graduated from high school with honors, and she is now attending college. She is an advocate for children with autism, and she speaks out about the importance of early intervention and support.

Emily's journey has been an inspiration to me and to many others. It has taught me that there is hope for children with autism. With early intervention and support, they can learn to live full and happy lives.

I am so grateful for the journey that Emily and I have been on together. It has been a difficult journey at times, but it has also been a rewarding one. I have learned so much from Emily, and I am so proud of the young woman she has become.

If you are a parent of a child with autism, I know that you may be feeling scared and lost. But I want you to know that there is hope. With early intervention and support, your child can learn to live a full and happy life.

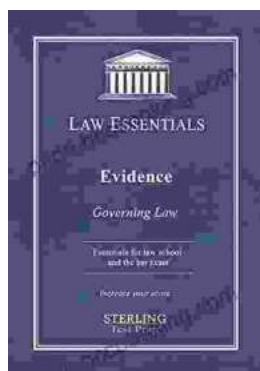
I encourage you to reach out to other parents of children with autism. There are many resources available to help you and your child. You are not alone.



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